



Williamston Area Senior Center

Come as guests, stay as friends!



May - June 2024
Newsletter

ABOUT THE WILLIAMSTON AREA SENIOR CENTER

Lunch Program

The WASC is open Monday-Thursday from 9am-3pm for activities and lunch provided by the Tri-County Office on Aging or local area restaurants with a suggested donation of \$4 per meal. Please call a day in advance to make reservations for lunch at 517-655-5173. For additional information please check out the WASC newsletter or website. If you are homebound and need meals delivered to you please call Rural Ingham Meals at 517-676-2775.

Where to find the WASC

If you are looking for current and future activities continue reading the newsletter or check out the WASC Facebook page and website. If you have any questions please call or email for more information.

Website: www.williamstonseniorcenter.org

Facebook: Williamston Area Senior Center

Phone: 517-655-5173

Email: williamstonseniorctr@gmail.com

Hours of Operation

Monday - Thursday, 9am - 3pm

WASC Location

The WASC meets on the upper level, 3rd floor of The Commons, 201 School Street in Williamston, Michigan 48895. Handicap access and elevators are available.



WASC Mission

The WASC shall be a “go-to” resource where aging adults and their families find support, guidance, educational, and social programs assisting seniors 60 years of age and older for navigating life transitions, and continuing to be active, healthy, and engaged in the community.

Our mission is reflected in our motto:

Come as guests, stay as friends!

WASC Purpose

The WASC shall provide educational, enrichment, health awareness, and social programs; shall serve as a resource for individuals needing assistance with medical and social service networks; and shall collaborate with other community agencies, local government, and trained professionals to meet the needs of the senior population.

SAVE THE DATES!

WASC Annual Meeting, June 11th,
@ Williamstown Township Pavilion
4990 Zimmer Rd.

Summer Picnics in the Park

- ◆ June 18, 2024:
Jubilee Picnic @
McCormick Park, 123 High St.
- ◆ July 9, 2024:
Picnic @ Wheatfield Township Pavilion
985 E. Holt Rd.
- ◆ August 13, 2024:
Picnic @ Leroy Township, Simmons
Memorial Park 2963 S. Webberville Rd.
- ◆ September 10, 2024:
Picnic @ Williamstown Township Pavilion
4990 Zimmer Rd.

The Director's Corner



Spring brings about change and new beginnings. And that seems like right where we are as a Senior Center. Our next chapter is beginning, one of owning a facility of our own.

I want to start by saying thank you to the Ingham County Commissioners for supporting our Senior Center and passing the resolution to help us buy a building. I also want to thank the staff, volunteers, and members who came out to speak at the meetings, and share their stories. And this wonderful community that we live in, oh my gosh, I am overwhelmed with how so many of you went above and beyond to help us. My cup runneth over!

Julie Rudd
Executive Director

From the President



I am so proud to live in this amazing city of Williamston! So many people stepped up to support us as we went before the Ingham County Commissioners to request a grant. Every voice was heard and made a difference! We feel like the whole community is coming together to help bring a new Senior Center to fruition.

We're especially proud and grateful to Julie Rudd, our fantastic Executive Director, for all the effort in putting together the original grant proposal as well as all the follow through with emails, phone calls, and meetings to make this happen.

Thank you to everyone! We're looking forward to this new chapter in the life of our Williamston Area Senior Center!

Ann Lemmen
WASC Board President

WASC STAFF, BOARD, & THANK YOU

Staff

Executive Director: Julie Rudd
Activities/Events Coordinator: Anne McKinney
Kitchen Coordinator: Mickie Manley
Administrative Assistant: Dawn Harris

Board of Directors

President: Ann Lemmen (2026)
Vice President: Karleen Dimick (2025)
Secretary: Marilyn Thompson (2026)
Treasurer: Ray Lemmen (ex-officio)

Trustees

Karen Bollman (2024)
Sharon Basil (2026)
Mark Steinberg (2025)
Beth Zetterholm (2025)

Community Representatives:

John Allen, Wheatfield Township
Tammy Gilroy, City of Williamston
Wilma Whitehead, Leroy Township



THANK YOU-FOR YOUR SUPPORT

March 2024

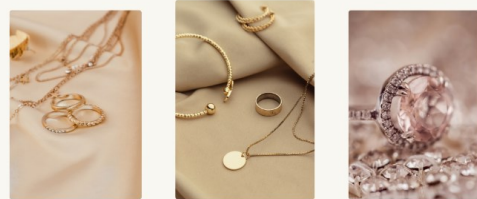
Susie Cockerill
Dianna Frank
Mickie Manley
Dennis Atherton
Marguerite Martin
Dawn & Ron Harris
Mary Rubus
Ann Howell
Marsha Swain
Violet Lentz
Bob & Joan Bement
C.J. Lutz
Brenda Arnoczky
All of our Volunteers!

February 2024

Dianna Frank
Mary Rubus
Bob & Joan Bement
Steve Wing
Tina Maurer
Karen Spak
Marguerite Martin
Beth Zetterholm
Carolyn Schuster
Kathy Arends
C.J. Lutz
Susie Cockerill
Violet Lentz
Williamston Eagles -
4091 Auxiliary Ladies



Williamston Area Senior Center Used Jewelry and Purse Sale



**Being held Jubilee Week:
June 21st and 22nd, 9am-1pm**

**Located at the Senior Center
201 School Street, Williamston
(*In the Commons Building)**

All proceeds benefit the Williamston Area Senior Center.

WISH LIST, DONATIONS, & BIRTHDAYS



- Maxwell House Original Roast Coffee (Regular and Decaf)
- Folgers Classic Roast Coffee (Regular & Decaf)
- Coffee Mate Flavored Liquid Creamer
- Salad Dressings: Ranch, Italian, French, & Balsamic Vinaigrette, Blue Cheese
- Chinet Dinner Plates
- Quart Size Storage Bags
- Bic Wite-Out EZcorrect
- White Card Stock Paper
- Copy Paper
- Small & Large Foam to-go Containers
- Dinner Napkins 15" x 17"
- Paper Towels
- Stamps
- Bingo Prizes: Non-Perishable Food Items and Individual Snacks
- Gift Cards: Walmart, Meijer, Costco, Local Area Restaurants and Businesses



May

Diana Aldrink
Jack Canfield
Barb DeGrand
Sharon Harrison
Marlowe Hart
Ann Lemmen
Shirley Pettis
Margo Rudd
John Sura
Bob Thompson
Kelly Wojack

June

Gerry Beach
Susan Bisard
Karen Bollman
John Bollman
Wayne Gregg
Kathy Hall
Linda Higgason
Roxanne Houghton
Melanie Pletcher
Tammy Voss
Sharon Wilson-Dureich
Kim Wiseman

Thank you

Thanks to the following individuals for their donations to the WASC.

February 2024

- Ann & Ray Lemmen in Memory of Elaine Morse
- Ann & Ray Lemmen in Memory of Mary Erbele
- Ann & Ray Lemmen donation to Building Fund

March 2024

- Jerry & Sandy Smith in Memory of Elaine Morse
- Gerald & Barbara Alchin donation for Violet's 100th
- Gerald & Barbara Alchin in Memory of Elaine Morse
- Mary Rubus donation to Building Fund
- Paul Tarr donation to Building Fund



MAY 2024 ACTIVITIES

**Bike Club informational meeting will be held Tuesday, May 7th at 9:30am at the Williamston Area Senior Center.*

- **Wednesday, May 1st** - Cards 9am - 11:45am, Chair Exercise at 11am, Wii Bowling/Mario Kart at 12:30pm, Needle Work Group 1-3pm
- **Thursday, May 2nd** - Cards 9am - 11:45am, BIRTHDAY BASH, Cards and Games at 12:30pm
- **Monday, May 6th** - Cards 9am - 11:45am, Blood Pressure Screening at 10am, Christy and the Willows provide lunch and play Family Feud at 12:30pm
- **Tuesday, May 7th** - Cards 9am - 11:45am, Chair Exercise at 11am (day change), NATIONAL TOURISM DAY, Michigan travel video and name your favorite hidden gem in Michigan at 12:30pm
- **Wednesday, May 8th** - Cards 9am - 11:45am, Memorial Lutheran School performs songs from “A Knight to Remember” at 11am, Chair Volleyball at 12:30pm, Needle Work Group 1-3pm
- **Thursday, May 9th** - Cards 9am - 11:45am, NATIONAL TRAIN DAY, Bill Struck presents ‘The Williamston Connection to the Spartan Locomotive and Polar Express’ at 12:30pm
- **Monday, May 13th** - Cards 9am - 11:45am, NATIONAL APPLE PIE DAY, Mother’s Day Recognition and Trivia, Quarter Bingo at 12:30pm
- **Tuesday, May 14th** - Cards 9am - 11:45am, Wheel of Fortune game at 12:30pm
- **Wednesday, May 15th** - Cards 9am - 11:45am, Chair Exercise at 11am, Attorney Matt Samuels presents estate planning at 12:30pm, Needle Work Group 1-3pm
- **Thursday, May 16th** - Cards 9am - 11:45am, Tech with Drew at noon, Drum Circle with Ian at 12:30pm
- **Monday, May 20th** - Cards 9am - 11:45am, Chair Massage at 10am, Ingham County Canine Team presents at 12:30pm
- **Tuesday, May 21st** - Cards 9am - 11:45am, Sean and Vista Springs Timber Ridge provide lunch and present at 12:30pm
- **Wednesday, May 22nd** - Cards 9am - 11:45am, Yoga for All with Amy at 12:30pm, Needle Work Group 1-3pm
- **Thursday, May 23rd** - Cards 9am - 11:45am, Craft at 12:30pm
- **Monday, May 27th** - Closed for Memorial Day
- **Tuesday, May 28th** - Cards 9am - 11:45am, Mind Benders with Jackie from Williamston CADL at 12:30pm
- **Wednesday, May 29th** - Cards 9am - 11:45am, SENIOR HEALTH AND FITNESS DAY, Chair Exercise at 11am, Field Trip to Red Cedar Lodge at 11am (lunch and fitness activity), Needle Work Group 1-3pm
- **Thursday, May 30th** - Cards 9am - 11:45am, Dr. LaBerge presents ‘Healthy Living’ at 12:30pm

**Unfortunately, there may be times the activities are subject to change*

JUNE 2024 ACTIVITIES

**Walking Club begins June 6th, will meet and walk on track, every Thursday 10:30am-11am.*

- **Monday, June 3rd** - Cards 9am - 11:45am, Blood Pressure Screening 10am, Brenda Hasse, author, book talk at 12:30pm
- **Tuesday, June 4th** - Cards 9am - 11:45am, Wii Bowling/Mario Kart at 12:30pm
- **Wednesday, June 5th** - Cards 9am - 11:45am, Chair Exercise at 11am, Chair Volleyball at 12:30pm, Needle Work Group 1-3pm
- **Thursday, June 6th** - Cards 9am - 11:45am, BIRTHDAY BASH sponsored by American House of Meridian, 'Food Safety in the Garden' with Shannon from MSU Extension at 12:30pm
- **Monday, June 10th** - Cards 9am - 11:45am, Burcham Hills field trip (tour and lunch) at 10:30am
- **Tuesday, June 11th** - WASC Annual Meeting for all at 11am (Williamstown Township Pavilion) serving Bob's burgers for lunch. *Senior Center will be closed.*
- **Wednesday, June 12th** - Cards 9am - 11:45am, Chair Exercise at 11am, Katie from the Marquette presents at 12:30pm, Needle Work Group 1-3pm
- **Thursday, June 13th** - Cards 9am - 11:45am, Carlene from Harmony Cares presents at 12:30pm
- **Monday, June 17th** - Cards 9am - 11:45am, Chair Massage at 10am, Father's Day recognition, Quarter Bingo at 12:30pm
- **Tuesday, June 18th** - Jubilee Picnic at McCormick Park at noon with musical performance. *Senior Center will be closed.*
- **Wednesday, June 19th** - Cards 9am - 11:45am, Yoga for All with Amy at 12:30pm, Needle Work Group 1-3pm
- **Thursday, June 20th** - Cards 9am - 11:45am, Tech with Drew at noon, Drum Circle with Ian at 12:30pm
- **Monday, June 24th** - Cards 9am - 11:45am, Tracey from Premier World Discovery presents our 2025 trips at 12:30pm (Italy's Amalfi Coast in April, Albuquerque Balloon Fiesta & Santa Fe in October, and Sedona Holiday Tour in December)
- **Tuesday, June 25th** - Cards 9am - 11:45am, STRAWBERRY PARFAIT DAY, TCOA picnic lunch at Volunteer Park at the Commons at noon, Mind Benders with Jackie from Williamston CADL at 12:30pm
- **Wednesday, June 26th** - Cards 9am - 11:45am, Chair Exercise at 11am, Craft with Nikki at 12:30pm, Needle Work Group 1-3pm
- **Thursday, June 27th** - Cards 9am - 11:45am, Stephanie and the Care Team present 'Brain Health' at 12:30pm

**Unfortunately, there may be times the activities are subject to change*

Williamston Area Senior Center **May 2024 Lunch Menu**

Please Call
#517-655-5173

to make reservations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Macaroni & Cheese, Stewed Tomatoes, Cauliflower, Sliced Bread, Pineapple, Skim Milk	2 Hamburger on Bun, Macaroni Salad, Tossed Salad, Banana, Cherry Crisp, Milk	3	4
5	6 Lunch Sponsored by The Willows, <i>Donations Appreciated</i>	7 Baked Spaghetti, Peas, Mashed Potatoes, Roll, Orange, Banana Pudding, Skim Milk	8 Ham & Potato Casserole, Brussel Sprouts, Tossed Salad, Muffin, Banana, Skim Milk	9 Sausage Patty, Hashbrown Potatoes, Pancake, Vegetable Juice, Pears, Skim Milk	10	11
12	13 Wrap from Ellie's Country Kitchen, Chips, Dessert, \$4 per person	14 Roast Turkey, Sweet Potatoes, Green Bean Casserole, Dinner Roll, Orange, Milk	15 Pork Chop, Broccoli, Mashed Potatoes, Bread, Strawberry Applesauce, Milk	16 Creole Cod, New Potatoes, Beets, Apple Muffin, Banana, Skim Milk	17	18
19	20 Chili & Toppings, Corn Bread, Dessert \$4 per person	21 Lunch Sponsored by Vista Springs Timber Ridge Village, <i>Donations Appreciated</i>	22 Turkey Burger on Bun, Baked Beans, Coleslaw, Orange, Milk, Strawberry- Rhubarb Crisp	23 Cheese Ravioli, Spinach, Tossed Salad, Garlic Toast, Pineapple Tidbits, Skim Milk	24	25
26	27 CLOSED Memorial Day	28 Manicotti, Summer Squash, Spinach Salad, Garlic Toast, Applesauce, Skim Milk	29 Shepherd's Pie, Green Beans, Cauliflower, Sliced Bread, Orange, Skim Milk	30 Chicken Stir Fry, Baby Corn, Fried Rice, Fresh Apple, Skim Milk	31	

Williamston Area Senior Center

June 2024 Lunch Menu

Please Call
#517-655-5173
to make reservations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Chicken Salad on Croissant, Chips, Fruit \$4 per person	4 Baked Ham, Sweet Potatoes, Cauliflower, Blueberry Muffin, Applesauce, Milk	5 Baked Chicken, Carrots, Potato Salad, Pineapple, Peach Cobbler, Skim Milk	6 Pork Roast, Broccoli, Wild Rice, Spinach Salad, Apple, Skim Milk	7	8
9	10 Pizza, Salad, Dessert, \$4 Per Person	11 Annual Meeting @ Williamstown Twp, Bob's World Famous Burgers, Salad, Chips	12 Macaroni & Cheese, Stewed Tomatoes, Cauliflower, Sliced Bread, Pineapple, Skim Milk	13 Hamburger/Bun, Macaroni Salad, Baked Beans, Salad, Banana, Cherry Crisp, Milk	14	15
16	17 Annual Sloppy Joe Celebration, Chips, Dessert \$4 per person	18 Jubilee Picnic @ McCormick Park, Fried Chicken, Coleslaw, Roll, Dessert	19 Salad Bar, Dessert, \$4 per person	20 Sausage, Bagel w/Cream Cheese, Hashbrowns Black Beans, Pears, Skim Milk	21	22
23	24 Quiche, Salad, Dessert \$4 per person	25 TCOA Picnic Lunch Basket @ The Commons, Volunteers Park	26 Pork Chop, Broccoli, Mashed Potatoes, Bread, Strawberry Applesauce, Milk	27 Creole Cod, New Potatoes, Beets, Apple Muffin, Banana, Skim Milk	28	29
30						



WILLIAMSTON AREA
SENIOR CENTER

Williamston Area Senior Center
201 School Street, PO Box 343
Williamston, MI 48895

NON-PROFIT
U.S. POSTAGE
PAID
Permit #3

Inside This Issue

- About the WASC..... Pg #2
- WASC Mission & Purpose Pg #2
- The Director’s Corner Pg #3
- From the President Pg #3
- WASC Staff & Board Pg #4
- Thank You Pg #4
- Wishlist..... Pg #5
- Donations Pg #5
- Birthdays..... Pg #5
- May 2024 Activities..... Pg #6
- June 2024 Activities Pg #7
- May Menu Pg #8
- June Menu Pg #9
- Membership Pg #10

WASC Information

Phone: 517-655-5173



*Check out our Facebook page!
And don't hesitate to call the
center with questions about activities-
events or to make reservations for lunch.*

**WILLIAMSTON AREA SENIOR CENTER
MEMBERSHIP DUES 2024**



Cost is \$12/year per person. Please complete the information below and return to WASC along with your payment.

PRINT CLEARLY

NAME: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ TOWNSHIP: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL ADDRESS: _____

EMERGENCY CONTACT NAME/PHONE: _____

ARE YOU A NEW MEMBER _____ RENEWING MEMBER _____

BIRTH DATE: _____

ARE YOU A VETERAN YES _____ NO _____

I GIVE THE WASC MY PERMISSION TO USE ANY PHOTOS/VIDEOS

TAKEN OF ME: YES _____ NO _____

WOULD YOU LIKE TO VOLUNTEER: YES _____ NO _____

Initials _____ Date _____ Check # or Cash _____ Amount _____ Newsletter _____

Please complete form and return with your payment to:

**Williamston Area Senior Center
201 School Street, P.O. Box 343
Williamston, MI 48895**