



Williamston Area Senior Center

Come as guests, stay as friends!



January-February 2024

Newsletter

ABOUT THE WILLIAMSTON AREA SENIOR CENTER

Lunch Program

The WASC is open Monday-Thursday from 9am-3pm for activities and lunch provided by the Tri-County Office on Aging or local area restaurants with a suggested donation of \$4 per meal. Please call a day in advance to make reservations for lunch at 517-655-5173. For additional information please check out the WASC newsletter or website. If you are homebound and need meals delivered to you please call Rural Ingham Meals at 517-676-2775.

Where to find the WASC

If you are looking for current and future activities continue reading the newsletter or check out the WASC Facebook page and website. If you have any questions please call or email for more information.

Website: www.williamstonseniorcenter.org

Facebook: Williamston Area Senior Center

Phone: 517-655-5173

Email: williamstonseniorctr@gmail.com

Hours of Operation

Monday — Thursday, 9am — 3pm

WASC Location

The WASC meets on the upper level, 3rd floor of The Commons, 201 School Street in Williamston, Michigan 48895. Handicap access and elevators are available.

Congratulations to Mary Rubus, our Wii Bowling Champion. Join us to play, it's a lot of fun!



WASC Mission

The WASC shall be a “go-to” resource where aging adults and their families find support, guidance, educational, and social programs assisting seniors 60 years of age and older for navigating life transitions, and continuing to be active, healthy, and engaged in the community.

Our mission is reflected in our motto:

Come as guests, stay as friends!

WASC Purpose

The WASC shall provide educational, enrichment, health awareness, and social programs; shall serve as a resource for individuals needing assistance with medical and social service networks; and shall collaborate with other community agencies, local government, and trained professionals to meet the needs of the senior population.



WILLIAMSTON AREA SENIOR CENTER MEMBERSHIP DUES 2024

It's that time of year to renew your annual membership! Last year we started renewing all memberships in January and the annual membership is still only \$12 a year per person. Enclosed is a double sided membership renewal form. Please fill out one side per person, with your check and return it to:

**Williamston Area Senior Center
201 School Street
Williamston, MI 48895**

If you have any questions, please don't hesitate to give us a call, 517-655-5173.

The Director's Corner



With each new year, we take a moment to reflect on the previous year. As I look back on the changes we've gone through this past year, some positive and some not so positive. We've lost way too many dear ones and they left a void not only in our hearts but in our community. I can't tell you how many times while playing euchre someone says, "thank you Louie!" And yet at the same time, we've had some really positive things happen and our future looks amazing. We're looking at a place we can call our own, a facility that will enable us to expand our critical services and provide those services to even more seniors. I'll keep you posted as things continue to progress.

Julie Rudd
Executive Director
wascdirector01@gmail.com

From the President



Wishing you all kinds of wonderful things in 2024: good friends, good health, special times with family, laughter, joy, and loads of love! Let's also make a New Year's resolution to take extra special care of ourselves and each other!

As President of WASC, I would like to take this opportunity to give a special thank you to Julie Rudd our Director, Anne McKinney our Event Coordinator, Mickie Manley our Kitchen Coordinator, Dawn Harris our Administrative Assistant, and all our wonderful volunteers who have kept us active, singing, learning, laughing, crafting, and eating well. We are honored to have such an amazing staff and volunteers. Thank you so much for all you do for our Senior Center!

Remember to invite a friend and introduce them to our Senior Center so more can experience what we have to offer!

Ann Lemmen
WASC Board President

WASC STAFF, BOARD, & THANK YOU

Staff

Executive Director: Julie Rudd

Activities/Events Coordinator: Anne McKinney

Kitchen Coordinator: Mickie Manley

Administrative Assistant: Dawn Harris



Board of Directors

President: Ann Lemmen (2026)

Vice President: Karleen Dimick (2025)

Secretary: Marilyn Thompson (2026)

Treasurer: Ray Lemmen (ex-officio)

Trustees

Karen Bollman (2024)

Sharon Basil (2026)

Mark Steinberg (2025)

Beth Zetterholm (2025)

Community Representatives:

John Allen, Wheatfield Township

Tammy Gilroy, City of Williamston

Wilma Whitehead, Leroy Township

THANK YOU—FOR YOUR SUPPORT

November 2023

Violet Lentz

Bob & Joan Bement

Dianna Frank

Mickie Manley

Mary Rubus

Williamston Eagle Riders #4091

Tina Choszczyk

Will Long

Karen Spak

VFW of Michigan

D&W

Dawn & Ron Harris

Karleen & Warren Dimick

Village Manor of Howell

Angie Herek & her students

Ellie's Country Kitchen

Michigan Veterans Affairs Agency

American House

The American Legion Williamston
Post 296

Shelley Thomas

Marilyn & Bob Thompson

Isaac & Elizabeth Chaffee

John Krauss

Sharon Basil

Anne McKinney

October 2023

Warren Dimick

Ellen Stanton

Jan Bowman

Susan Cockerill

Ron & Dawn Harris

Barb Upleger

Mary Rubus

Karen Spak

Betty Crandall

Dianna Frank

Frank Fortier

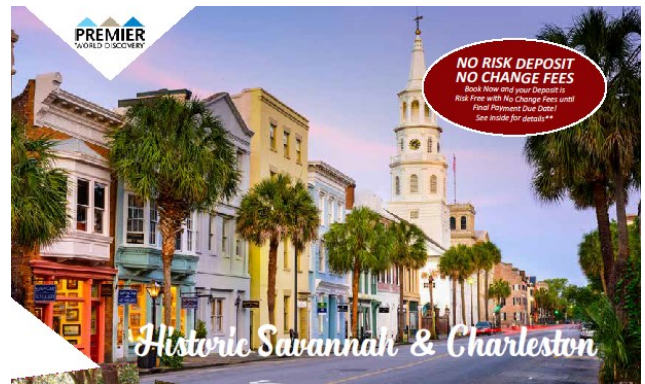
And All Our Volunteers

Wish List

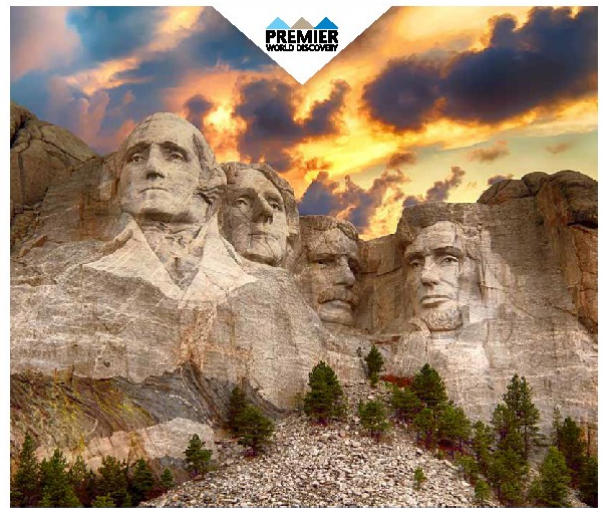
- Maxwell House Original Roast Coffee (Regular and Decaf)
- Folgers Classic Roast Coffee (Regular & Decaf)
- Coffee Mate Flavored Liquid Creamer
- Lipton Black Tea bags
- Chinet Dinner Plates
- Gift Cards:
 - ◆ Amazon
 - ◆ Meijer
 - ◆ Walmart
 - ◆ Dollar Tree
 - ◆ Staples
 - ◆ Hobby Lobby
 - ◆ Michaels
 - ◆ Joann Fabric
- Scotch Thermal Laminating Sheets
- Bic Wite-Out EZcorrect
- White Card Stock Paper
- Small & Large Foam to-go Containers
- Copy Paper
- Vanity Fair Dinner Napkins 15"x 17"
- Bingo Prizes: Non-Perishable Food Items and Individual Snacks
- Paper Towels



WASC Presents Trips



Historic Savannah & Charleston
March 22, 2024, 7 days



Black Hills, Badlands & Mt. Rushmore
June 12, 2024 7 days



Treasures of Ireland
October 22, 2024, 9 days

JANUARY 2024 ACTIVITIES

- **CLOSED Monday, January 1st and Tuesday, January 2nd**
- **Wednesday, January 3rd** - Euchre 9am-11:45am, Chair Exercise at 11am, WASC member and Author Roger Nelson book discussion at 12:30 pm, Needle Work Group 1-3pm
- **Thursday, January 4th** - Euchre 9am - 11:45am, BIRTHDAY BASH, NATIONAL CARD PLAYING DAY - learn a new card game at 12:30 pm
- **Monday, January 8th** - Euchre 9am - 11:45am, Blood Pressure Screening at 10:30am, Katherine from DPT presents on knee safety and injury screening at 12:30pm
- **Tuesday, January 9th** - Euchre 9am - 11:45am, NATIONAL CROSSWORD PUZZLE DAY, field trip and lunch at American House in Haslett at 11am
- **Wednesday, January 10th** - Euchre 9am - 11:45am, Chair Exercise at 11am, Quarter Bingo at 12:30pm, Needle Work Group 1-3pm
- **Thursday, January 11th** - Euchre 9am - 11:45am, INTERNATIONAL THANK YOU DAY, Drum Circle with Ian at 12:30pm
- **Monday, January 15th** - Euchre 9am - 11:45am, Willows and Oasis Advisors sponsored lunch and presentation on senior living resources at 12:30pm
- **Tuesday, January 16th** - Euchre 9am - 11:45am, NATIONAL HAT DAY - wear your favorite hat, Lunch with a board member, Mind Benders with Jackie from CADL Williamston
- **Wednesday, January 17th** - Euchre 9am - 11:45am, Chair Exercise at 11am, Mindful music and coloring at 12:30pm, Needle Work Group 1-3pm
- **Thursday, January 18th** - Euchre 9am - 11:45am, Tech with Drew at noon, Chair Volleyball at 12:30 pm
- **Monday, January 22nd** - Euchre 9am - 11:45am, Chair Massage at 10:00am, Winter Decor Craft with Pat at 12:30 pm
- **Tuesday, January 23rd** - Euchre 9am - 11:45am, Wii Bowling at 12:30pm
- **Wednesday, January 24th** - Euchre 9am - 11:45am, BELLY LAUGH DAY, Chair Exercise at 11am, Popcorn and Comedy Movie “Grumpy Old Men” at 12:30 pm
- **Thursday, January 25th** - Euchre 9am - 11:45am, Dave Trojan presents “Aviation Archeology in Michigan” at 12:30 pm
- **Monday, January 29th** - Euchre 9am - 11:45am, NATIONAL PUZZLE DAY, Play Charades at 12:30 pm
- **Tuesday, January 30th** - Euchre 9am - 11:45am, Quarter Bingo with Chief of Police Jeff Weiss at 12:30 pm
- **Wednesday, January 31st** - Euchre 9am - 11:45am, NATIONAL HOT CHOCOLATE DAY, Chair Exercise at 11am, Snowflake Craft with Nikki at 12:30 pm, Needle Work Group 1-3pm

**Unfortunately, there may be times the activities are subject to change*



FEBRUARY 2024 ACTIVITIES

- **Thursday, February 1st** - Euchre 9am - 11:45am, BIRTHDAY BASH, Card Making with Sandra at 12:30 pm
- **Monday, February 5th** - Euchre 9am - 11:45am, Blood Pressure Screening at 10:30 am, PRE-SUPER BOWL CELEBRATION, NFL Referee, Chuck McCallum's Stories at 12:30 pm
- **Tuesday, February 6th** - Euchre 9am - 11:45am, NATIONAL WEATHERMAN'S DAY, Weatherman Andy Provenzano presents at 12:30 pm
- **Wednesday, February 7th** - Euchre 9am - 11:45am, Chair Exercise at 11am, Lunch provided by Brookdale and presentation by Dr. Laberge at 12:30 pm, Needle Work Group 1-3 pm
- **Thursday, February 8th** - Euchre 9am - 11:45am, Drum Circle with Ian at 12:30pm
- **Monday, February 12th** - Euchre 9am - 11:45am, Christy and the Willows provide lunch and present 'Depression in the Elderly' at 12:30pm
- **Tuesday, February 13th** - Euchre 9am - 11:45am, Lunch with a WASC Board Member, Quarter Bingo at 12:30pm
- **Wednesday, February 14th** - Euchre 9am - 11:45am, HAPPY VALENTINES DAY, Chair Exercise at 11am, Ricky and Nicki perform at 12:30pm, Needle Work Group 1-3pm
- **Thursday, February 15th** - Euchre 9am - 11:45am, Tech with Drew at noon, Wii Bowling at 12:30pm
- **Monday, February 19th** - Euchre 9am - 11:45am, Chair Massage at 10 am, Sue and Red Cedar Lodge provide lunch and present 'How to Navigate Personal Changes'
- **Tuesday, February 20th** - Euchre 9am - 11:45am, NATIONAL LOVE YOUR PET DAY, Bring a photo/memory of your favorite pet and share at 12:30pm
- **Wednesday, February 21st** - Euchre 9am - 11:45am, Chair Exercise at 11am, Pizza lunch and the 'Human Library' activity with Williamston Middle School students at 12:30 pm, Needle Work Group 1-3 pm
- **Thursday, February 22nd** - Euchre 9am - 11:45am, Chair Volleyball at 12:30 pm
- **Monday, February 26th** - Euchre 9am - 11:45am, Craft with Pat at 12:30 pm
- **Tuesday, February 27th** - Euchre 9am - 11:45am, Mind Benders with Jackie from CADL Williamston at 12:30pm
- **Wednesday, February 28th** - Euchre 9am - 11:45am, Chair Exercise at 11am, Earl Wolf presents 'Monarch Butterfly Migration' and shares his travel experiences at 12:30pm, Needle Work Group 1-3pm

Join us for the Drum Circle!



JANUARY MENU

Williamston Area Senior Center January 2024 Please Call Lunch Menu to make reservations #517-655-5173

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED Happy New Year	2 CLOSED Happy New Year	3 Ham/Potato Casserole, Brussel Sprouts, Tossed Salad, Muffin, Banana, Milk	4 Sausage Patty, Hashbrown Potatoes, Pancake, Vegetable Juice, Pears, Milk	5	6
7	8 Chicken Fettuccine, Salad, Garlic Toast, & Dessert \$4 per person	9 Roast Turkey, Sweet Potatoes, Green Bean Casserole, Roll, Orange, Milk	10 Pork Chop, Broccoli, Mashed Potatoes, Bread, Strawberry Applesauce, Milk	11 Creole Cod, New Potatoes, Beets, Apple Muffin, Banana, Milk	12	13
14	15 Lunch Sponsored by the Willows & Oasis Advisors Donations Accepted	16 Beef Taco, Corn Shell, Cheese, Lettuce, Tomato, Onion, Black Beans, Rice, Banana, Milk	17 Turkey Burger on Bun, Baked Beans, Coleslaw, Orange, Milk, Strawberry- Rhubarb Crisp	18 Cheese Ravioli, Spinach, Tossed Salad, Garlic Toast, Pineapple Tidbits, Milk	19	20
21	22 Old Nation Lunch \$4 per person	23 Manicotti, Summer Squash, Spinach Salad, Garlic Toast, Applesauce, Skim Milk	24 Shepard's Pie, Green Beans, Cauliflower, Sliced Bread, Orange, Skim Milk	25 Chicken Stir Fry, Baby Corn, Fried Rice, Apple, Skim Milk	26	27
28	29 Soup, Salad, Roll, and Dessert	30 Baked Chicken, Sweet Potatoes, Cauliflower, Muffin, Strawberry Applesauce, Milk	31 Sloppy Joe on Bun, Carrots, Potato Salad, Pineapple, Peach Cobbler, Skim Milk			

DONATIONS, BIRTHDAYS, & FARMERS MARKET

Thanks to the following individuals and groups for their donations to the WASC.

October 2023

- The Zemanski Family
- Dianna Frank
- Violet Lentz in Memory of LeRoy Horstman

November 2023

- Dawn Harris in Memory of Mary Erbele
- Mickie Manley in Memory of Mary Erbele
- Carolyn Schuster in Memory of Mary Erbele
- Carolyn Schuster in Memory of Elaine Morse
- David Jones
- Jerry & Sandy Smith in Memory of Mary Erbele
- Russ & Susan Cockerill in Memory of Mary Erbele



Eastern Ingham Farmers Market

Bottle and Can Collection
Fundraiser in Williamston
Occurs Two Sundays a month to
mid-May 2024

- **Sunday, January 7** – Bottle and Can Collection fundraiser from 11am to 1pm in McCormick Park's large parking lot, 123 High Street in Williamston.
- **Sunday, January 21** – Bottle and Can Collection fundraiser from 11am to 1pm in McCormick Park's large parking lot, 123 High Street in Williamston.
- **Sunday, February 4** – Bottle and Can Collection fundraiser from 11am to 1pm in McCormick Park's large parking lot, 123 High Street in Williamston.
- **Sunday, February 18** – Bottle and Can Collection fundraiser from 11am to 1pm in McCormick Park's large parking lot, 123 High Street in Williamston.
- **Sundays, March 3 and March 17** – Bottle and Can Collection fundraiser from 11am to 1pm in McCormick Park's large parking lot, 123 High Street in Williamston.



Celebrating Birthdays

January

Jan Bowman
Virginia Cassaday
Nancy Davis
Jackie Fortier
Doug Gruschow
Alice Heim
Julie Little
Jayann Mitchell
Susan Murray
Roger Nelson
Cathy O'Connor
Tom Pike
Mike Shaft
Marilyn Thompson
Phyllis Tomlinson
Levi Vogt

Feburary

Gil Ames
Beth Bisel
Michael Black
Al Dureich
Glenda Hair
Eva Hatt
Marilyn Hill
Patricia Horn
Russ Kowatch
John Krauss
Mickie Manley
Carole Oesterle
Rita Pincumbe
Julie Rudd
Mary Scott
Bill Tomlinson
Rita Vloet
Jennie Welliver



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Williamston Area Senior Center
201 School Street, PO Box 343
Williamston, MI 48895
www.williamstonseniorcenter.org

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WASC Information

Phone: 517-655-5173



*Check out our Facebook page!
And don't hesitate to call the
center with questions about activities-
events or to make reservations for lunch.*

WILLIAMSTON AREA SENIOR CENTER MEMBERSHIP DUES 2024

Cost is \$12/year per person. Please complete the information below and return to WASC along with your payment.



PRINT CLEARLY

NAME: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ TOWNSHIP: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL ADDRESS: _____

EMERGENCY CONTACT NAME/PHONE: _____

ARE YOU A NEW MEMBER _____ RENEWING MEMBER _____

BIRTH DATE: _____

ARE YOU A VETERAN YES _____ NO _____

I GIVE THE WASC MY PERMISSION TO USE ANY PHOTOS/VIDEOS

TAKEN OF ME: YES _____ NO _____

WOULD YOU LIKE TO VOLUNTEER: YES _____ NO _____

Initials _____ Date _____ Check # or Cash _____ Amount _____ Newsletter _____

Please complete form and return with your payment to:

**Williamston Area Senior Center
201 School Street, P.O. Box 343
Williamston, MI 48895**