

SEPTEMBER 2026

Williamston Area Senior Center Activities & Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
National Senior Center Month	1) 9-9:30 Chi Rising 9-11:45 Cards 11:45 LUNCH 12:30 BINGO w Bonnie!	2) 9-11:45 Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH 12:30 Premier Travel w Tracey 1:00 -3:00 Needle Work	3) SEPTEMBER BIRTHDAY BASH 9-11:45 Cards 10:30 Exercise 11:45 LUNCH <i>Enjoy the Holiday Weekend!</i>
7)  CLOSED FOR LABOR DAY	8) 9-9:30 Chi Rising 9-11:45 Cards 11:45 LUNCH 12:30 FLOOR VOLLEYBALL! 12:30 WASC Board Meeting	9) 9-11:45am: Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH 12:30 Nature Discovery: A Michigan Wildlife Sampler w McGraths 1:00 -3:00 Needle Work	10) 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:30 "Building Brain-Healthy Habits" w Alzheimer's Assoc/Bertha
14) 9-11:45 Cards 10:00 Blood Pressure Check 10am-1pm State of Michigan Mobile Office 10:30 Exercise 11:45 LUNCH 12:00 Medicare Talk w Marli American Senior Benefits	15) 9-9:30 Chi Rising 9-11:45 Cards 11:45 LUNCH 12:30 Mind Benders w Jackie CADL	16) 9-11:45 Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH 12:30 Drum Circle 1:00 -3:00 Needle Work	17) 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:30 The Ukettes
21) 9am Chair Massage 9-11:45am Cards 10:30 Exercise 11:45 LUNCH 12:30 Delta Retirement Ctr w Tom	22) 9-9:30 Chi Rising 9-11:45 Cards 11:45 LUNCH 12:30 BINGO w Bonnie!	23) 9-11:45 Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH Noon Nurse Chat w/ Michelle 12:30 St Croix Hospice w Andrew 1:00 -3:00 Needle Work	24) 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:45 Book Club
28) 9am Table Massage 9-11:45am Cards 10:30 Exercise 10:45-11:45 CADL Tech Support 11:45 LUNCH 12:30 "Panic Proof" w Author Dr. Nicole Cain	29) 9-9:30 Chi Rising 9-11:45 Cards 11:45 LUNCH 12:30 FLOOR VOLLEYBALL!	30) 9-11:45 Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH 12:30 BINGO! w/ Chief Weiss 1:00 -3:00 Needle Work	<i>*Unfortunately, there may be times when activities are subject to change.</i>