

June 2026

Williamston Area Senior Center Activities & Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>1) 9-11:45 Cards 10:00 Blood Pressure Check 10:30 Exercise 11:45 LUNCH 12:30 Local Museum Programs and Email Community w Mitch Lutzke</p>	<p>2) 9-1130 WASC Biking Group 9-11:45 Cards 9-930 Chi Rising 11:45 LUNCH 1230 Glass Crafts w Pat</p>	<p>3) 9-11:45 Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH 12:00 Dewey Longuski – musician 1:00 -3:00 Needle Work</p>	<p>4) JUNE BIRTHDAY BASH 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:30 K-9 Unit w Deputy Belanger</p>
<p>8) 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:30 “Caring for the Elderly“ w Dr LaBerge</p>	<p>9) 9-1130 WASC Biking Group 9-11:45 Cards 9-930 Chi Rising 11:45 LUNCH 12:30 WASC Board Meeting</p>	<p>10) 9-11:45am: Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH 12:30 “Pain Free Summer” w Dr Katherine Romeo 1:00 -3:00 Needle Work</p>	<p>11) 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:30 “ The Eaton” & “The Paper“ & The Process of Indie Publications w Michigan Author John Addis</p>
<p>15) 9-11:45 Cards 9am Chair Massage 10:30 Exercise 11:45 LUNCH 12:00 Long Term Care w American Senior Benefits/Marli 1230 Healing Foods for Body Type -Ayurvedic Diet w Amy</p>	<p>16) 9-1130 WASC Biking Group 9-11:45 Cards 9-930 Chi Rising 11:45 LUNCH 12:30 Mind Benders w Jackie CADL</p>	<p>17) 9-11:45 Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH 12:30 Drum Circle 1:00 -3:00 Needle Work</p>	<p>18) 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:30 Filmmaking Processes w Jack Schaberg</p>
<p>22) 9am Table Massage 9-11:45am Cards 10:30 Exercise 1045-1145 CADL Tech Support 11:45 LUNCH</p>	<p>23) 9-1130 WASC Biking Group 9-11:45 Cards 9-930 Chi Rising 11:45 PICNIC LUNCH at McCormick Park</p>	<p>24) 9-11:45 Cards 9:30 Chair Exercise 10:30 Exercise 11:45 LUNCH Noon Nurse Chat w/ Michelle 12:30 MSU Extension “Make Your Own Salt Free Spices” w Shannon 1:00 -3:00 Needle Work</p>	<p>25) 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:30 Virtual Museum Visit to The Louvre w Disability Network 12:45 Book Club</p>
<p>29) 9-11:45 Cards 10:30 Exercise 11:45 LUNCH 12:30 Voices of Ingham Human Library w G Murali</p>	<p>30) 9-1130 WASC Biking Group 9-11:45 Cards 9-930 Chi Rising 11:45 LUNCH</p>		

*Unfortunately, there may be times that activities are subject to change.

