

JUNE 2025



Williamston Area Senior Center Activities and Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>2 Cards 9-11:45 -Bike Club 9:00 -BP Checks 10:00 -Exercise 10:30 -Nurse Chat with Michelle 'Hydration and Dehydration' 12:30</p>	<p>3 Cards 9-11:45 -Walking Club 10:30 -Dawn from Dawn's Early Light Homecare presents at 12:30</p>	<p>4 Cards 9-11:45 -Exercise 10:30 -Chair Volleyball 12:30 -Needle Work Group 1-3</p>	<p>5 Cards 9-11:45 BIRTHDAY BASH -Exercise 10:30 -Craft with Nila 12:30 [from Independence Village]</p>
<p>9 Cards 9-11:45 -Bike Club 9:00 -Exercise 10:30 -Mi Elder Justice Initiative 'Not Everyone is a Friend: Protecting Your Identity & Assets' 12:30</p>	<p>10 Cards 9-11:45 -Walking Club 10:30 -Wheel of Fortune 12:30 -WASC Board Mtg 12:30</p>	<p>11 Cards 9-11:45 -Exercise 10:30 -Madison (TCOA) presents 'Medicare 101' (Fraud, changes, etc) at 12:30 -Needle Work Group 1-3</p>	<p>12 Cards 9-11:45 -Exercise 10:30 -Drum Circle 12:30</p>
<p>16 Cards 9-11:45 -Bike Club 9:00 -Chair Massage 10am -Exercise 10:30 -Father's Day Celebration 12:30</p>	<p>17 CLOSED Jubilee Picnic at McCormick Park 11:00 -Father Clark at 12:30</p>	<p>18 Cards 9-11:45 -Exercise 10:30 -Yoga for All 12:30 -Needle Work Group 1-3</p>	<p>19 Cards 9-11:45 -Exercise 10:30 -Build Your Word Game 12:30</p>
<p>23 Cards 9-11:45 -Bike Club 9:00 -Exercise 10:30 -CADL Tech Support 10:45 -Katherine (DPT) - 'Strategies for a pain free summer' 12:30</p>	<p>24 Cards 9-11:45 -Walking Club 10:30 -Mind Benders at 12:30</p>	<p>25 Cards 9-11:45 -Exercise 10:30 -Bob Howe presents 'All that Glitter is not Gold' & live auction at 12:30 -Needle Work Group 1-3</p>	<p>26 Cards 9-11:45 -Exercise 10:30 -Book Club 'Water From My Heart' by Charles Martin 12:30</p>
<p>30 Cards 9-11:45 -Bike Club 9:00 -Exercise 10:30 -Craft with Pat at 12:30</p>			