

# MAY 2026 Williamston Area Senior Center Activities & Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>4) 9-11:45 Cards  <b>10:00 Blood Pressure Check</b>            10:30 Exercise            11:45 LUNCH  <b>12:30 Mothers Day Crafts</b> w Pat</p>	<p>5) 9-930 Chi Rising            9-11:45 Cards  <b>1130 Celebrate Cinco de Mayo</b> w Christy, The Willows  <b>11:45 LUNCH</b> (Tacos w Christy)</p>	<p>6) 9-11:45 Cards            9:30 Chair Exercise            10:30 Exercise            11:45 LUNCH  <b>12:30 Ukettes</b> Music  <b>1:00-3:00</b> Needle Work</p>	<p>7) <b>MAY BIRTHDAY BASH</b>            9-11:45 Cards            10:30 Exercise            11:45 LUNCH  <b>12:30 “Madam Warden”</b> w Michigan Author Pam Withrow</p>
<p>11) 9-115am Table Massage            9-11:45 Cards            10:30 Exercise            11:45 LUNCH  <b>12:30 Forester Woods Adult Care</b> w Robert</p>	<p>12) ) 9-930 Chi Rising            9-11:45 Cards            11:45 LUNCH</p>	<p>13) 9-11:45am: Cards            9:30 Chair Exercise            10:30 Exercise            11:45 LUNCH  <b>12:30 “Hiking the Appalachian Trail”</b> adventures w Joe/Linda Pulver  <b>1:00-3:00</b> Needle Work</p>	<p>14) 9-11:45 Cards            10:30 Exercise            11:45 LUNCH  <b>12:30 Crossroads Elder Care Options</b> w Taylor</p>
<p>18) 9-11:45 Cards  <b>9-1030 Coffee Hour</b> w Julie Brixie State Rep            9am Chair Massage            10:30 Exercise            11:45 LUNCH  <b>12:30 Vista Springs Timber Ridge</b> w Krista</p>	<p>19) ) 9-930 Chi Rising            9-11:45 Cards            11:45 LUNCH  <b>12:30 Mind Benders</b> w Jackie CADL</p>	<p>20) 9-11:45 Cards            9:30 Chair Exercise            10:30 Exercise            11:45 LUNCH  <b>12:30 Drum Circle</b>  <b>1:00-3:00</b> Needle Work</p>	<p>21) 9-11:45 Cards            10:30 Exercise            11:45 LUNCH   <b>Enjoy the long weekend!</b></p>
<p>25  <b>MEMORIAL DAY</b>  <b>CLOSED</b></p>	<p>26) ) 9-930 Chi Rising            9-11:45 Cards            11:45 LUNCH</p>	<p>27) 9-11:45 Cards            9:30 Chair Exercise            10:30 Exercise            11:45 LUNCH  <b>Noon Nurse Chat</b> w/ Michelle  <b>12:30 “Michigan Fresh at the Farmers Market”</b> w MSU Extension Shannon  <b>1:00-3:00</b> Needle Work</p>	<p>28) 9-11:45 Cards            10:30 Exercise            11:45 LUNCH  <b>1230 Bingo</b> w Chief Weiss  <b>12:45 Book Club “The Things we Leave Unfinished”</b> by Rebecca Yarrows</p>

\*Unfortunately, there may be times that activities are subject to change.