



Williamston Area Senior Center

Come as guests, stay as friends!



Exercise class, Monday, Wednesday, and Thursday @ 10:30am!



Bob loves the Tigers!

Happy Birthday Alice!



Join us for lunch!



March –April 2025

Newsletter

ABOUT THE WASC, MISSION, PURPOSE, AND BILLY MCALLISTER

Lunch Program

The WASC is open Monday-Thursday from 9am-3pm for cards, lunch and activities. Lunch is provided by the *Tri-County Office on Aging* or local area restaurants with a suggested donation of \$4 per meal. Please call a day in advance to make reservations for lunch at 517-655-5173. For additional information please check out the WASC newsletter or website. And if you are homebound and need meals delivered to you please call *Meals on Wheels* at 888-224-3030, option 4.

Where to find the WASC

If you are looking for current and future activities continue reading the newsletter or check out the WASC Facebook page and website. If you have any questions please call or email for more information.

Website: www.williamstonseniorcenter.org

Facebook: Williamston Area Senior Center

Phone: 517-655-5173

Email: williamstonseniorctr@gmail.com

Hours of Operation

Monday - Thursday, 9am - 3pm

WASC Location

The WASC is now located at 500 Williamston Center Rd. in Williamston, Michigan 48895. We have reserved (handicap) parking/access and automatic front doors.



The Ladies playing cards in the morning.

WASC Mission

The WASC shall be a “go-to” resource where aging adults and their families find support, guidance, educational, and social programs assisting seniors 60 years of age and older for navigating life transitions, and continuing to be active, healthy, and engaged in the community.

Our mission is reflected in our motto:

Come as guests, stay as friends!

WASC Purpose

The WASC shall provide educational, enrichment, health awareness, and social programs; shall serve as a resource for individuals needing assistance with medical and social service networks; and shall collaborate with other community agencies, local government, and trained professionals to meet the needs of the senior population.

BILLY MCALLISTER		
SINATRA TRIBUTE SHOW		
	WILLIAMSTON AREA SENIOR CENTER 500 WILLIAMSTON CENTER RD WILLIAMSTON, MI 48895 517-655-5173	
APRIL 14TH 12:30 PM	‘Frankie and the Crooners’ show with the best of Frank Sinatra, Tony Bennett, Bobby Darin, & Michael Buble	
Join Us!		



The Director's Corner

Its happening again! The months are flying by, I can't believe I'm creating the March/April Newsletter. We have so many exciting things going on at the new Center. We have new members signing up almost daily. We have a good size exercise group that comes in on Monday, Wednesday, and Thursday to exercise for an hour. We have our own kitchen license and will be offering our own meals on Monday and Thursday, \$4 per person starting in March. We'll be keeping the Tri-County meals on Tuesday and Wednesday and they provide self-addressed envelopes for you to pay for the meals. If you have any questions don't hesitate to give us a call! Hope to see you soon!

Julie Rudd, Executive Director
wascdirector01@gmail.com



The President's Post

Hello from sunny, warm Florida while you all are having a truly old-fashioned Michigan winter. But we're so delighted that you are enjoying our beautiful new center with so many great programs, exercise classes, and interesting speakers. Julie continues to handle every aspect of the continuing progress of our new center while Anne is doing an impressive job with programs. As we continue to settle in, I am excited to see the growth in both members and the center's offerings to our senior population. May our outreach continue to expand, and our presence be a valuable resource in our community.

Ann Lemmen, WASC Board President

WASC STAFF, BOARD, THANK YOU, & WISHLIST

Staff

Executive Director: Julie Rudd

Assistant Director: Anne McKinney

Administrative Assistant: Dawn Harris



THANK YOU-FOR YOUR SUPPORT

January 2025

St. Katherine Church
Paul & Karen Higbee
Susan & Russ Cockerill
Steve Wing
Darlene & Ben Westrate
Dawn & Ron Harris
Beverly Zetterholm
Steve Purdy &
Cathy Zachow
Sherry Johnson
Jeanette Robertson
Connie Foster
Eva Hatt
Mrs. Nikolai
Sandra Schoenborn
Joan & Bob Bement

December 2024

Beth Zetterholm
Jolene Gustafson
Marguerite Martin
Paul & Karen Higbee
Violet Lentz
Mary Rubus
Carolyn Schuster
Dianna Frank
Joan & Bob Bement
Patrick Ennis
Roxann Houghton

*And as always,
many thanks to our
wonderful volunteers!*

Board of Directors

President: Ann Lemmen (2026)

Vice President: Karleen Dimick (2025)

Secretary: Marilyn Thompson (2026)

Treasurer: Ray Lemmen (ex-officio)

Trustees

Mark Steinberg (2025)

Beth Zetterholm (2025)

Sharon Basil (2026)

Jolene Gustafson (2027)

Sharon LaPointe (2027)

Community Representatives:

Troy Leonard, Wheatfield Township

Tammy Gilroy, City of Williamston

Wilma Whitehead, Leroy Township



- Ground Roast Coffee, Regular and/or Decaf
- Black Tea bags
- Coffee Mate Flavored Liquid Creamer
- 12oz & 16oz Styrofoam Cups
- Small white kitchen garbage bags
- Chinet Dinner Plates
- Small Dessert Plates
- Copy Paper
- Dinner Napkins 15" x 17"
- Paper Towels
- Bingo Prizes: Non-Perishable Food Items and Individual Snacks
- Gift Cards: Walmart, Meijer, Costco, Local Area Restaurants and Businesses



Celebrating Birthdays

December 2024

- Cathy O'Connor donation to Bldg. Fund
- Marilyn & Bob Thompson donation to Bldg. Fund
- Linda & Robert Johnson donation to Bldg. Fund
- Carolyn Schuster donation to Bldg. Fund
- Karen McCune in Memory of Lee Hope to Bldg. Fund
- Hitchcock Brothers in Memory of Lee Hope to Bldg. Fund
- David & Carol Grainger in Memory of Lee Hope to Bldg. Fund
- Robert & Margaret Stephenson in Memory of Lee Hope to Bldg. Fund
- Enhanced Fitness Exercise Class in Honor of Jolene Gustafson to Bldg. Fund
- Janet & Michael donation to Bldg. Fund
- Gloria Hastings donation
- The Zemanski Family Foundation donation to Bldg. Fund
- Brad & Mary Lou Sharp donation to Bldg. Fund
- Jose's Cuban Sandwich & Deli donation to Bldg. Fund
- Patrick Ennis donation to Bldg. Fund

January 2025

- Violet Lentz donation to Bldg. Fund
- Warren & Karleen Dimick donation to Bldg. Fund
- American Legion Wycoff Post 296 donation to Bldg. Fund
- Marlowe Hart donation to Bldg. Fund
- Lisa Fletcher in Memory of Tom Johnson and in Honor of Jane Johnson donation to Bldg. Fund

March

Brenda Arnoczky
Sharon Basil
Theresa Belles
Barb Bridges
Cindy Brown
Bob Estes
Lea Estes
Gretchen Goehmann
Claudette Haas
Dale Howe
Violet Lentz
Kathy Sheathelm
Tracy Shingledecker
Pam Sivak
Deborah Sleight
Harold Sodeman
Sandy Thomasson
Bob Ward
Joel Washington
Jerrel Webb
Darlene Westrate
Steve Wing
Pattie Wieber

April

Sharon Anderson
Allie Clendenan
Pat Cookingham
Jane Louise Dettore
Carol Grainger
Beverly Jablonowski
Bob Johnson
Jack Joseph
Jacqueline LaForge
Keith Litchfield
Janet Peckens
Noel Pomorski
Charles Rogers
Mary Rubus
Michael Schuchaskie
Ida Silsby
Kathie Sodeman
Karen Spak
Bob Thomasson
Arla Weaver



MARCH 2025



Williamston Area Senior Center Activities and Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>3 Cards 9-11:45 -BP Screenings 10:00 -Exercise 10:30 -Katherine (DPT) presents 'Knee Injuries & Health' 12:30</p> <p>10 Cards 9-11:45 -Exercise 10:30 -Steve Purdy presents 'Mascots in Motion,' Details of Automotive Design at 12:30</p> <p>17 Cards 9-11:45 <i>St. Patrick's Day</i> -Chair Massage 10:00 -Exercise 10:30 -Christy (The Willows) lunch/game 12:30</p> <p>24 Cards 9-11:45 AARP Tax appts 9am - 2pm -Exercise 10:30 -CADL Tech Support 10:45 -<i>The Bucket List</i> movie at 12:30</p> <p>31 Cards 9 - 11:45 -Exercise 10:30 -Craft with Pat at 12:30</p>	<p>4 Cards 9-11:45 -Fat Tuesday! -Allison (Our Family & Friends Homecare) at 12:30pm</p> <p>11 Cards 9-11:45 -March Madness Games and Fun with Karen at 12:30 -WASC Board Meeting at 12:30</p> <p>18 Cards 9-11:45 -Book Club at 12:30pm [<i>One for the Money</i> by Janet Evanovich]</p> <p>25 Cards 9-11:45 -Mind Benders with Jackie from CADL Williamston 12:30</p>	<p>5 Cards 9-11:45 -Exercise 10:30 -Chair Volleyball 12:30 -Needle Work Group 1-3</p> <p>12 Cards 9-11:45 -Exercise 10:30 -Julie (Visiting Angels) presents at 12:30 -Needle Work Group 1-3</p> <p>19 Cards 9-11:45 -Exercise 10:30 -Yoga for All at 12:30 -Needle Work Group 1-3</p> <p>26 Cards 9-11:45 -Exercise 10:30 -Todd Walters presents 'Bless You Boys' Detroit Tigers Stories at 12:30 -Needle Work Group 1-3</p>	<p>6 Cards 9-11:45, BIRTHDAY BASH -Exercise 10:30 -Bingo with Nila (Independence Village) at 12:30</p> <p>13 Cards 9-11:45 Popcorn Lover's Day! -Exercise 10:30 -Drum Circle 12:30</p> <p>20 Cards 9-11:45 -Exercise 10:30 -Katie (Story Point of E. Lansing) lunch and updates at 12:30</p> <p>27 Cards 9-11:45 -Exercise 10:30 -Yahtzee Game and Leaderboard at 12:30</p>

APRIL 2025

 Williamston Area Senior Center Activities and Events			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
7 Cards 9-11:45 -BP Screenings 10:00 -Exercise 10:30 -Nancy from 'The Ridge' of Lansing Memory Care at 12:30	1 Cards 9-11:45 April Fool's Day -Fact or Fiction game at 12:30	2 Cards 9-11:45 -Exercise 10:30 -Chair Volleyball 12:30 -Needle Work Group 1-3	3 Cards 9-11:45, BIRTHDAY BASH -Exercise 10:30 -Hearing Life screenings and presentation 12:30
7 Cards 9-11:45 -BP Screenings 10:00 -Exercise 10:30 -Nancy from 'The Ridge' of Lansing Memory Care at 12:30	8 Cards 9-11:45 -Lunch w/ a board member -Craft with Nila from Independence Village at 12:30	9 Cards 9-11:45 -Exercise 10:30 -'Aging Driver Safety' presentation at 12:30 -Needle Work Group 1-3	10 Cards 9-11:45 -Exercise 10:30 -Drum Circle at 12:30
14 Cards 9-11:45 -Exercise 10:30 -Billy McAllister performs at 12:30	15 Cards 9-11:45 -Celebration of Jackie Robinson Day and other baseball fun at 12:30	16 Cards 9-11:45 -Exercise 10:30 -Yoga for All 12:30 -Needle Work Group 1-3	17 Cards 9-11:45 -Exercise 10:30 -Tracey (Premier Travel) 2025/2026 trips 12:30
21 Cards 9-11:45 -Chair Massage 10:00 -Exercise 10:30 -'A Spring Thing' with Karen Spak 12:30	22 Cards 9-11:45 -Mind Benders at 12:30	23 Cards 9-11:45 -Exercise 10:30 -WMS students poetry day & lunch 12:30 -Needle Work Group 1-3	24 Cards 9-11:45 -Exercise 10:30 -Book Club at 12:30 (Before We Were Yours by Lisa Wingate)
28 Cards 9 - 11:45 -Exercise 10:30 -CADL Tech Support 10:45 -Craft with Pat 12:30	29 Cards 9 - 11:45 -Quarter Bingo at 12:30	30 Cards 9 - 11:45 -Exercise 10:30 -Yahtzee Game 12:30 -Needle Work Group 1-3	

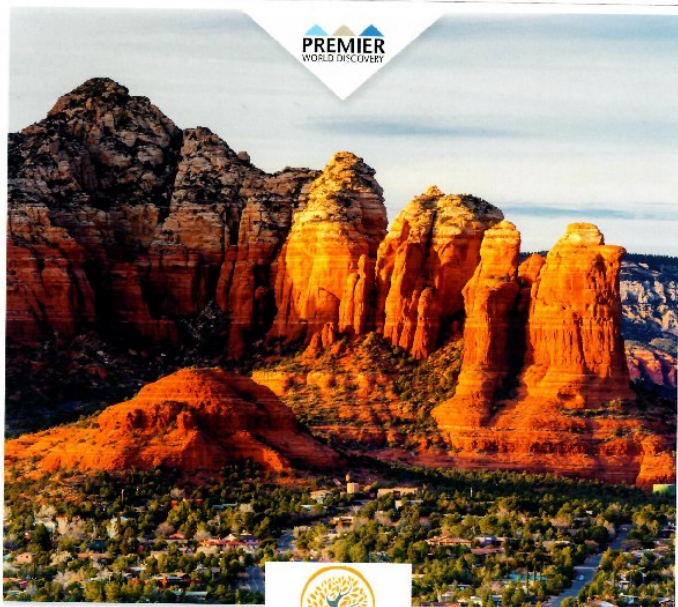
MARCH 2025

Williamston Area Senior Center
MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>3 Chicken Swiss Casserole Rice Pilaf Lime & Pear Dessert \$4 Lunch</p>	<p>4 TCOA joins us and provides lunch - Walking Tacos</p>	<p>5 Ham/Potato Casserole Brussel Sprouts Tossed Salad Blueberry Muffin Banana</p>	<p>6 Smothered Hamburgers Mashed Potatoes Vegetable Medley Peaches, Sugar Cookies \$4 Lunch</p>
<p>10 Pork Sliders Coleslaw Salad Dessert \$4 Lunch</p>	<p>11 Roast Turkey Sweet Potatoes Green Bean Casserole Dinner Roll Tropical Fruit</p>	<p>12 Pork Chop Broccoli Mashed Potatoes Sliced Bread Strawberry Applesauce</p>	<p>13 Chicken Gumbo Rice Salad Seasoned Apples \$4 Lunch</p>
<p>17 Lunch provided by the Willows of Okemos Donations Accepted</p>	<p>18 Beef Taco Corn Shell/Beef/Cheese/Lettuce/Tomato/Onion Black Beans, Spanish Rice Pineapple</p>	<p>19 Turkey Burger Cheese/Lettuce/Onion Tomato/Pickle Baked Beans, Coleslaw Grapefruit</p>	<p>20 Lunch provided by StoryPoint of E. Lansing Donations Accepted</p>
<p>24 Quiche Salad Dessert \$4 Lunch</p>	<p>25 Manicotti Summer Squash Spinach Salad Garlic Toast Cinnamon Applesauce</p>	<p>26 Shephard's Pie Green Beans Cauliflower Sliced Bread Orange</p>	<p>27 Santa Fe Chicken Spanish Rice Corn Tapioca Pudding \$4 Lunch</p>
<p>31 Lasagna Salad & Dessert \$4 Lunch</p>	<p>*Please call 517-655-5173 for reservations at least 24 hours in advance.</p>	<p>Note: Monday and Thursday lunches are now \$4 per day.</p>	

TRAVEL & TRIPS



PREMIER
WORLD DISCOVERY



SENIOR CENTER

Sedona Holiday

December 3, 2025

5 DAYS

BOOKING DISCOUNT!
Save \$200
Per Couple*

**NO RISK DEPOSIT
NO CHANGE FEES**

Book Now and your Deposit is Risk Free with No Change Fees until July 15, 2025! See website for details**



TOUR RATES:
Booking Discount*: \$2725 pp double
Regular Rate: \$2825 pp double
Single Supplement: +\$625

**See Reservation Info for Booking Discount details



Members and friends who went on the Ireland trip October 2024.



Bus trips!



PREMIER
WORLD DISCOVERY



SENIOR CENTER

Albuquerque Balloon Fiesta & Santa Fe

6 DAYS

October 3, 2025

Booking #183445 (Web Code)

BOOKING DISCOUNT!
Save \$100 Per Person
\$200 Per Couple*

**NO RISK DEPOSIT
NO CHANGE FEES**

Book Now and your Deposit is Risk Free with No Change Fees until July 15, 2025! See website for details**



TOUR RATES:
Booking Discount*: \$3525 pp double
Regular Rate: \$3625 pp double
Single Supplement: +\$900

**See Reservation Info for Booking Discount details



WILLIAMSTON AREA
SENIOR CENTER

NON-PROFIT
U.S. POSTAGE
PAID
Permit #3

Williamston Area Senior Center
500 Williamston Center Rd.
Williamston, MI 48895

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WASC / Phone: 517-655-5173



*Check out our Facebook page!
And don't hesitate to call the
center with questions about activities-
events or to make reservations for lunch.*

**WILLIAMSTON AREA SENIOR CENTER
MEMBERSHIP DUES 2025**



Cost is \$12/year per person. Please complete the information below and return to WASC along with your payment.

PRINT CLEARLY

NAME: _____
ADDRESS: _____ CITY: _____
STATE: _____ ZIP: _____ TOWNSHIP: _____
HOME PHONE: _____ CELL PHONE: _____
EMAIL ADDRESS: _____
EMERGENCY CONTACT NAME/PHONE: _____
ARE YOU A NEW MEMBER _____ RENEWING MEMBER _____
BIRTH DATE: _____
ARE YOU A VETERAN YES _____ NO _____
I GIVE THE WASC MY PERMISSION TO USE ANY PHOTOS/VIDEOS
TAKEN OF ME: YES _____ NO _____
WOULD YOU LIKE TO VOLUNTEER: YES _____ NO _____
Initials _____ Date _____ Check # or Cash _____ Amount _____ Newsletter _____

Please complete form and return with your payment to:

**Williamston Area Senior Center
500 Williamston Center Rd.
Williamston, MI 48895**